

# CHANGE GEARS...RIDE A BIKE!



## 2014 Winston-Salem Bike Month

The City of Winston-Salem Department of Transportation is partnering with local businesses and organizations to host a series of Bike Month events during the month of May. All cyclists are welcome to attend any of the events, which will offer a variety of goods and services, including bike skills training, social events, refreshments, and community rides.



### SATURDAY, May 3

9:00 AM - 3:00 PM  
TRAFFIC SKILLS 101  
COURSE

Washington Park,  
Washington Park Lane

A League Certified Instructor will take participants through a course that teaches basic bike maintenance, traffic skills, and defensive maneuvers.

Registration deadline is April 28th. The course is free. To register, contact Andrew Edmonds at [thomase@cityofws.org](mailto:thomase@cityofws.org) or 336-747-7052.

### MONDAY, May 12

5:00 - 7:00 PM  
CYCLING SOCIAL

Krankies Coffee,  
211 E 3rd Street

A chance to meet other cyclists from the community in a casual atmosphere and learn more about upcoming bike events.

### TUESDAY, May 13

6:00 - 7:30 PM  
BIKE MOVIE NIGHT

Aperture Cinema, 311 W  
4th Street

A screening of the film *Pedal-Driven*, a documentary focusing on the conflict of non-sanctioned mountain bike trails built on protected forest land and the park rangers who are charged with the duty of protecting the land. The movie examines the shared philosophies of stewardship and sustainability from both sides and, ultimately, offers examples of the ways in which opposing factions can find common ground.

### THURSDAY, May 15

7:00 - 10:00 AM  
BIKE FOR FITNESS  
DAY

YWCA of Winston-Salem,  
1300 S Main Street

Information and advice on bicycling for transportation and health.

Winston-Salem  
Bike Month  
is sponsored by



### FRIDAY, May 16

7:00 - 9:00 AM  
BIKE TO  
DOWNTOWN DAY

W 4th Street & N Trade  
Street Intersection

Refreshments, maps, and information will be available for cyclists. Group rides from various locations around town will allow cyclists to join other cyclists from a set location to downtown. Locations of the group rides will be posted to [www.BIKE.cityofws.org](http://www.BIKE.cityofws.org)

### WEDNESDAY, May 21

7:00 PM  
RIDE OF SILENCE

Mock Orange Bikes,  
492 West End Blvd.

As part of the National Ride of Silence, Zach Lail of Mock Orange Bikes will lead a seven-mile Ride of Silence to honor cyclists who were injured or killed while riding their bikes. The ride will leave promptly at 7:00 PM, so please arrive by 6:45. For more information about the Ride of Silence, visit [www.rideofsilence.org](http://www.rideofsilence.org)